

GOVERNMENT DEGREE COLLEGE **BANIHAL**

ACTIVITIES AND PROGRAMS **UNDER** **AZADI KA AMRIT MAHOTSAV**



(Coordinator)
Prof. Sajad Ahmad Sultan

(Co-Coordinator)
Mr. Deepak Kumar

(Compiled by)
Dr. Muzaffar Ahmed

(Principal)
Dr. Manohar Lal

2022
Bankoot, Banihal-182146

1. NAME OF THE EVENT: Webinar on World No-Tobacco Day

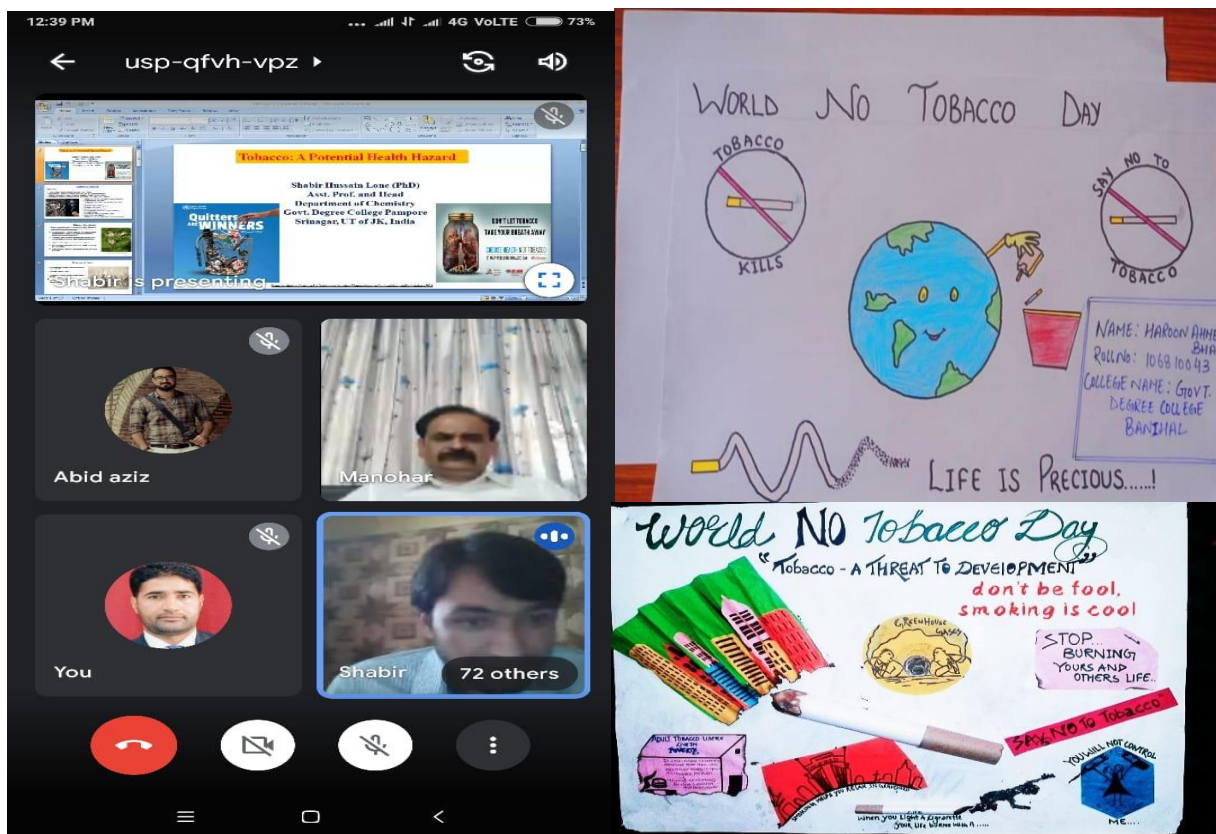
EVENT DATE: 31-05-2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Debates and Seminar committee in collaboration with NSS unit of Govt. Degree College Banihal under the aegis of *Azadi ka Amrit Mahotsav* organized a webinar on the occasion of World No Tobacco Day under the theme “Quitters are the Winners”. In the inaugural address Dr Manohar Lal (Principal) welcome the Guest Speaker and threw light about the importance of celebrating the day and asserted the students to take pledge to commit to quit smoking and never consume any type of tobacco products and motivate others for the same. The guest speaker, Dr Shabir Hassan lone, in his talk on the topic, ‘Tobacco, a potential Health Hazard’ deliberated upon and highlighted the chemistry of tobacco and how its consumption is addictive in nature. He also gave a detailed overview of the harmful effects of the tobacco on the health of smokers as well the passive smokers. Dr Shabir Hassan lone also talked about various Govt. policies to tackle the menace of tobacco consumption. The students of the college also displayed their beautiful paintings and placards and started a Digital Awareness Campaign Commit to quit Smoking that help the Smokers to Come out of this dreadful menace. The proceedings of the webinar were carried out by the Mr. Sajad Ahmad Sultan, Assistant Professor & HOD, Urdu while vote of thanks was presented by Mr. Aabid Aziz, Assistant Professor & HOD Economics.



2. NAME OF THE EVENT: Webinar on World Environment Day

EVENT DATE: 05-06-2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 70

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Environmental Sciences in collaboration with Debates & Seminar Committee and NSS unit, under the aegis of *Azadi ka Amrit Mahotsav* celebrated World Environment Day, 2021. At the outset, Dr. Muzaffar Ahmed, HOD, Department of Environmental Sciences introduced the theme of the event and apprised the audience about the need for such awareness programs. Principal of the college Dr. Manohar Lal, who was also chief guest on the occasion briefed the audience about the history and importance of celebrating World Environment Day. Guest speaker, Ms. Yasira Naik, Assistant Professor & Head Department of Environmental Sciences, Govt. Degree College Anantnag threw light on the theme 'Ecosystem Restoration' and explained different ways on how the earth ecosystem restoration can be made possible. Students from different semesters of the College also presented their views on the occasion.

Govt. Degree College, Banihal

Department of Environmental Sciences

In collaboration with
Debates and Seminar Committee & NSS / NCC Unit

Celebrating Azadi ka Amrut Mahotsav

by
Organizing a Webinar
On
World Environment Day, 2021



Patron
Dr. Manohar Lal
Principal
Associate NCC Officer,
Naval Wing



Guest Speaker
(Ms. Yasira Naik)
Assistant Professor (Env. Sciences)
Govt. Degree College Anantnag



Organizing Committee
Mr. Sajad Ahmad Sultan
Convenor, Debates &
Seminar Committee

Members

1. Mr. Muzaffar Ahmed
2. Mr. Bashir Ahmed
3. Mr. Manzoor Ahmed
4. Dr. Azad Ahmad Wani
5. Mr. Mukhtar Ahmed
6. Mr. Abid Aziz
7. Dr. Bilal Ahmed
8. Mr. Ajay Kumar
9. Mr. Ram Prakash
10. Mr. Deepak Kumar

THEME
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Restoration

June 5, 2021 Time: 12 noon

Webinar will be delivered through Google Meet Platform. Meeting ID and Password will be mailed or shared through WhatsApp before two hours of the start of Lecture

Queries@ 7889399979

3. NAME OF THE EVENT: Two days online National Yoga Workshop

EVENT DATE: 20 – 21 June, 2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 50

EVENT DESCRIPTION AND PHOTOGRAPH:

NSS/NCC Units of Government Degree College Banihal (J&K) in collaboration with Debates and Seminar Committee, under the ambit of *Azadi ka Amrit Mahotsav* celebrated the 7th International Day of Yoga, 2021 with theme, “Be with Yoga, Be at Home” by organizing a Two Days Online National Workshop on Yoga on 20 – 21 June, 2021. Dr. Manohar Lal, Principal of the College inaugurated the workshop by welcoming the resource persons and highlighting the utility of Yoga in keeping us stress free in today's fast paced world. On the first day, there were two resource persons, one Dr. Anil Karwande, Former Principal Ishwar Deshmukh College of Physical Education, Nagpur and second, Dr. Sangita Khare, Coordinator NET-JRF Gurukul. On the second day, Dr. Rakhi Vyaghra, faculty at RTM University Nagpur, deliberated upon the scientific conception of Yogasanas and their role in improving immune system, digestion, sleep and so on. The proceedings of the online program were carried out by Prof. Sajad Ahmed Sultan, Convener and Mr. Deepak Kumar, Co-Convener of Debates and Seminar Committee. Prof. Ram Parkash (HoD Mathematics) provided technical support. Prof. Ajay Kumar, NSS Programme Officer concluded the programme with a vote of thanks.



4. NAME OF THE EVENT: Poster Making & Essay Writing Competition on the occasion of International Day Against Drug Abuse and Illicit Trafficking

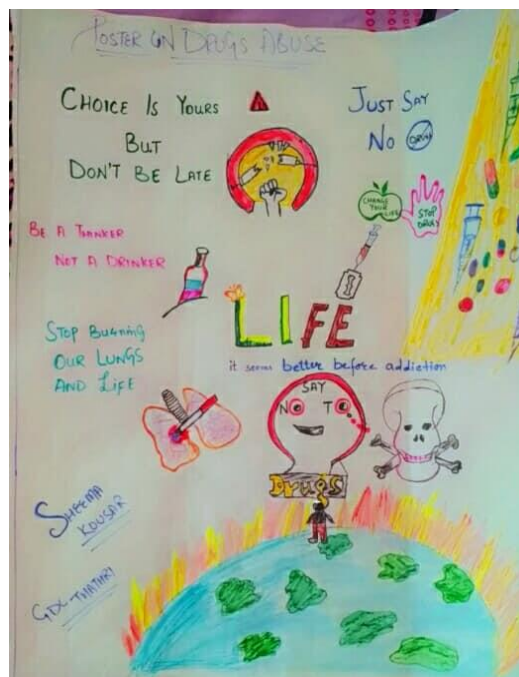
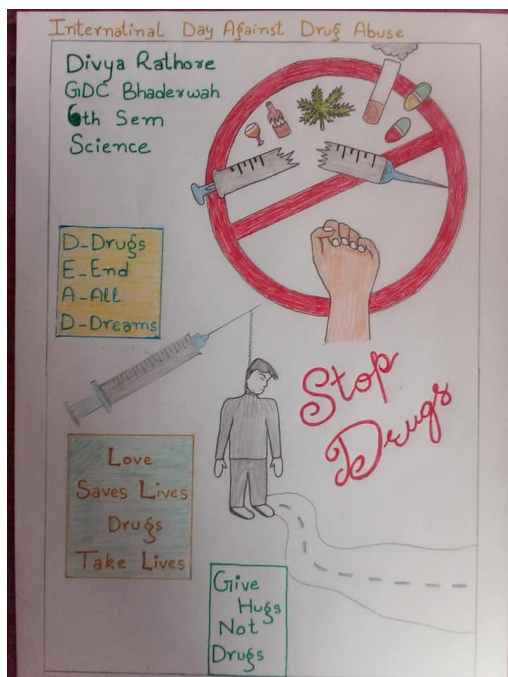
EVENT DATE: 26-06-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 50

EVENT DESCRIPTION AND PHOTOGRAPH:

Govt. Degree college Banihal celebrated "International Day Against Drug Abuse" on 26th June 2021, under the auspices of *Azadi ka Amrit Mahotsav*. Debates & Seminar Committee in collaboration with NSS and NCC unit & Psychological Counselling Cell of the College organized Essay writing and Poster making Competition in order to bring awareness among the students and the people about the menace of drug abuse. The theme of the event was "Share Facts on Drugs, Save Lives". Students across the state participated in this online event with heartening enthusiasm. The event drew active participation from colleges of Jammu & Kashmir (UT). The best five participants in each category were later felicitated with E-certificates from the college. Ms. Sehra Bano of GDC Batote bagged 1st position in essay writing competition and in the category of Poster writing competition, Arpit Gupta of GDC Marh bagged 1st position. The program was conducted under the patronage of Dr. Manohar Lal, Principal GDC Banihal. The event was hosted by Prof. Bashir Ahmad, Head Department of Physics, GDC Banihal and Prof. Sajad Ahmad Sultan jointly.



5. NAME OF THE EVENT: Lecture on the theme: Heroes of Indian National Movement

EVENT DATE: 09-08-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Govt. Degree College Banihal organized a special lecture on the theme Heroes of Indian National Movement under *Azadi ka Amrit Mahotsav*. The lectures were delivered by Dr. Bilal Ahmad Parray, Assistant Professor and HOD History and Prof. Mukhtar Ahmad Mir, Assistant Professor and HOD Political Science. The speakers talked about the life, history and legacy of many freedom fighters including Mahatma Gandhi, Jawahar Lal Nehru, Lal Bahadur Shastri, Bal Gangadhar Tilak, Sardar Vallabh Bhai Patel, Subhash Chandra Bose, Bhagat Singh, Bipin Chandra Pal, Lala Lajpat Rai, Sukhdev, Ashfaqulla Khan including others. The students were apprised of the sacrifices made by these heroes and others in India's freedom struggle. The proceedings of the program were carried out by Prof. Sajad Ahmad Sultan and vote of thanks was presented by Dr. Muzaffar Ahmed.



6. NAME OF THE EVENT: Online Talk on the theme: India and its relation with Arab Countries

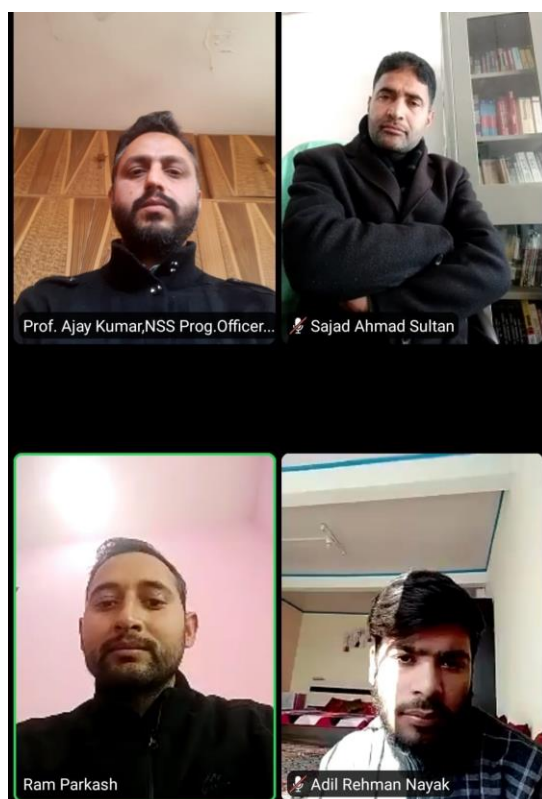
EVENT DATE: 10-08-2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Arabic in collaboration with Debates & Seminar Committee, Govt. Degree College Banihal organized an online talk on 'Indian relation with Arab Countries' under the banner of *Azadi ka Amrit Mahotsav*. The talk was delivered by Dr. Azad Ahmad, Assistant Professor and HOD Department of Arabic, GDC Banihal. Students of semester 1st, 3rd and 5th participated in this webinar. Dr. Azad talked about how India has traditionally enjoyed close and friendly relations with Arab countries. These relations date back to ancient times. There are important Indian investments in countries stretching from Oman to Egypt, Sudan and beyond. There have been cultural ties with the region throughout history. He apprised the students that India's total bilateral trade with the Arab world stands at over US\$ 162 billion, and covers a variety of goods and services, from oil to infrastructure and telecommunications to consumer goods. It is home to more than 7 million Indians and caters to 60% of our crude oil imports.



7. NAME OF THE EVENT: Sanitation / Swachta Drive

EVENT DATE: 11-08-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 40

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Sociology in collaboration with NSS/NCC unit of GDC Banihal, under the aegis of *Azadi ka Amrit Mahotsav* organized a Sanitation drive / Swachta drive in the College Campus. NCC cadets and NSS volunteers of the college participated in the cleanliness campaign, collected all the rubbish and disposed it in waste container. On the occasion Dr. Muzaffar Ahmed, HOD Environmental Sciences also apprised the students about the importance of a clean environment for a healthy lifestyle. The program was conducted under the supervision of Principal, Dr. Manohar Lal and organized by Prof. Ajay Kumar (NSS Programme Officer and HOD Sociology), Prof. Ram Parkash (HOD Mathematics) and Mr. Deepak Kumar (PTI) of the college. On this occasion jute and paper bags were also distributed among the students and local people as well.



8. NAME OF THE EVENT: Webinar on the theme: Tahreek - e - Azadi Main Urdu Nasar Ka Role

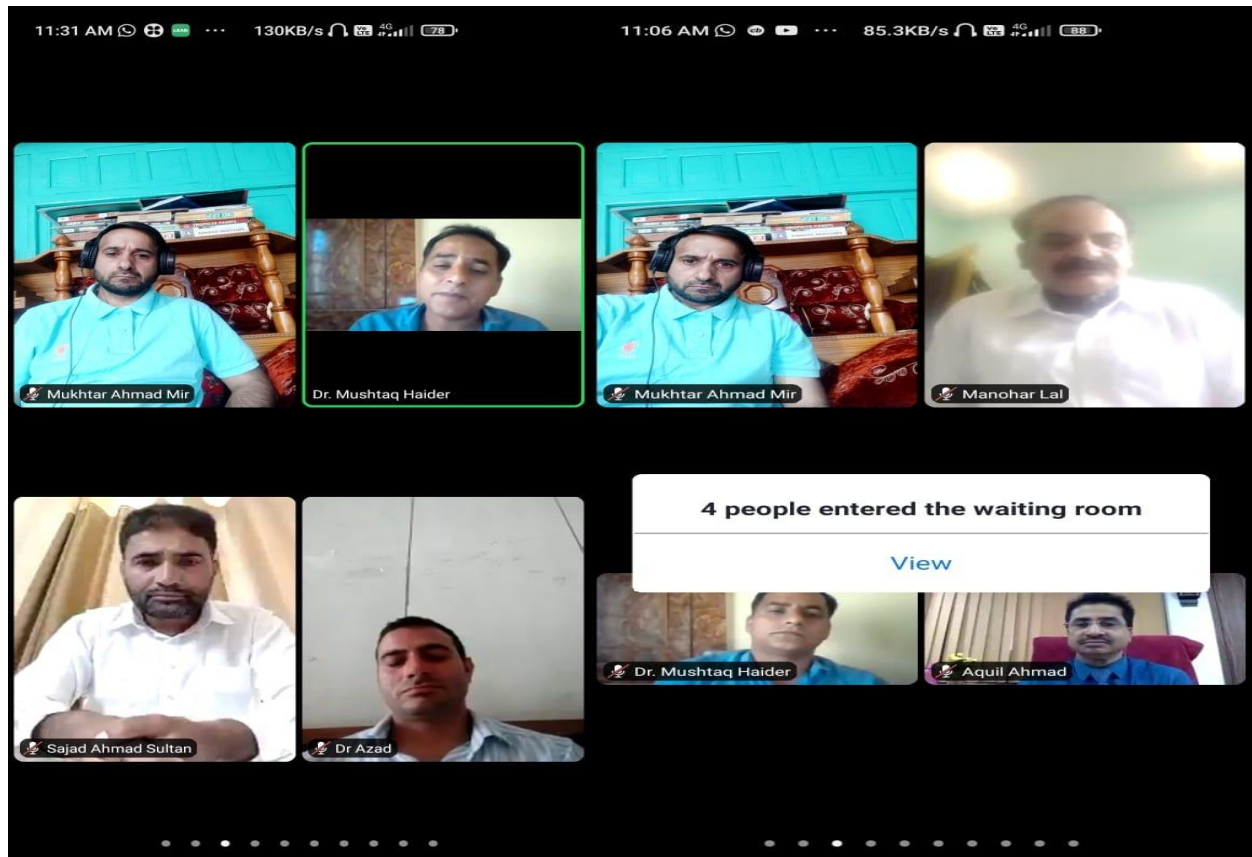
EVENT DATE: 12-08-2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 50

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Urdu, Govt. Degree College Banihal organized a webinar on the theme 'Tahreek - e - Azadi Main Urdu Nasar Ka Role'. Dr. Manohar Lal, Principal GDC Banihal Dr. Shiekh Aquil Ahmad, Director NCPUL, Ministry of Human Resource Development, Department of Higher Education, Govt. of India, was the Chief Guest on the occasion, while Dr. Mushtaq Haider, Senior Assistant Professor, Department of Urdu, University of Kashmir was the keynote speaker in the event. In his address, Dr. Mushtaq Haider highlighted the role of Urdu prose in the freedom struggle of India and the role played by the then Urdu Journalism, Urdu Akhbar, Awadpunch, Alhilal, Albalag, Zamindar *etc.* is remarkable. The proceedings were carried out by Prof. Sajad Ahmad Sultan and vote of thanks was presented by Dr. Azad Ahmad Wani.



9. NAME OF THE EVENT: Essay Competition on the theme: Role of Youth in National Integration

EVENT DATE: 13-08-2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 40

EVENT DESCRIPTION AND PHOTOGRAPH:

Govt. Degree College Banihal organized online essay writing competition on 13th of August 2021 on the theme "Role of Youth in National Integration" under weeklong celebration of *Azadi Ka Amrit Mohotsav*, the 75 years of Indian Independence. The event was organized to motivate the youth about their role towards National Integration. The Event drew active participation of the students from different semesters. The best three participants were awarded with e-certificates from the College. The program was organized under the patronage and guidance of Dr. Manohar Lal, Principal of the college and was hosted jointly by Prof. Bashir Ahmed, Assistant Professor and HOD Physics and Prof. Sajad Ahmad Sultan, Assistant Professor and HOD Urdu. The technical support was given by Prof. Ram Parkash, HOD Mathematics.

NOTE: Since the competition was online so no photographs could be taken.

10. NAME OF THE EVENT: Online Talk on the theme: Economic exploitation during British rule

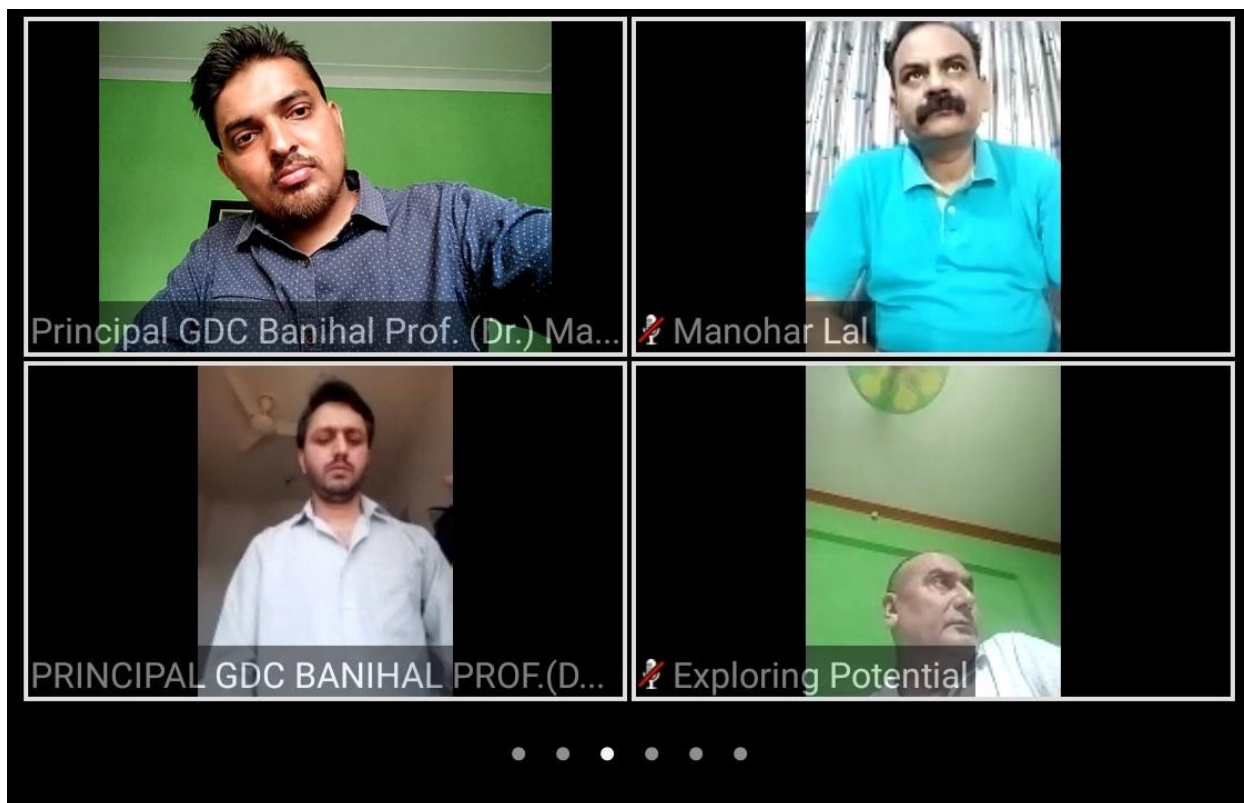
EVENT DATE: 14-08-2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 75

EVENT DESCRIPTION AND PHOTOGRAPH:

In continuation with the week-long activities and programs under the aegis of *Azadi Ka Amrit Mohotsav*, Prof. Aabid Aziz, Head Department of Economics delivered a talk on the topic 'Economic exploitation during British rule'. The program was carried out under the patronage of Principal, Dr Manohar Lal. Prof. Abid Aziz in his comprehensive talk gave a detailed analysis of methodologies adopted by the Britishers for exploitation of Indian economy. He drew attention towards the fact that the exploitation during British rule continued to hamper growth of Indian economy for many years after independence and send wave of pessimism and inhibition among policy makers towards privatization and market driven economy. The technical support was given by Prof. Ajay Kumar, Head, Department of Sociology while vote of thanks was presented by Prof Sajad Ahmad Sultan, Head Department of Urdu.



11. NAME OF THE EVENT: Parade participation of students in 75th Independence Day

EVENT DATE: 15-08-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 30

EVENT DESCRIPTION AND PHOTOGRAPH:

To mark *Azadi Ka Amrit Mohotsav*, students of Govt. Degree College Banihal participated in the Independence Day parade at the Independence Day celebrations 2021, being organized by the Sub-District Administration at Govt. Boys Higher Secondary School, Banihal. The parade was performed by the NCC cadets of the college. The march past was led by parade commander Mudassir Ahmed, and second in command Mumtaz Ahmed, both students of 2nd semester. A total of fifteen cadets participated in the parade while many other students participated in the cultural festivities. Prior to participation in the parade, the NCC cadets paid respect to the martyrs of the armed forces who laid down their lives in the service of Nation. The Principal of the college, Dr. Manohar Lal and other staff members of the college also participated in the Independence Day celebrations. The College bagged the 3rd position in the parade competition.



12. NAME OF THE EVENT: Seminar and Swachhata Drive

EVENT DATE: 02-10-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 30

EVENT DESCRIPTION AND PHOTOGRAPH:

To commemorate the 152nd birth anniversary of Mahatma Gandhi and to pay respect to his ideas of Satyagraha and non-violence, Government Degree College Banihal, under the aegis of *Azadi Ka Amrit Mohotsav* organized a seminar and swachhata drive on Gandhi Jayanti and UN recognized International Day of Non-Violence, 2021. The event was organized by Mr. Deepak Kumar (PTI), coordinated by Prof. Ram Parkash (HOD, Mathematics) and Prof. Ajay Kumar (NSS Program Officer, HOD Sociology) under the overall mentorship of Dr. Manohar Lal, Principal of the college. The program started with swachhata drive wherein more than 40 NCC cadets/NSS volunteers of the College participated in the cleanliness campaign. After that, the seminar was conducted wherein eight student speakers from B.A./B.Sc. Sem-I deliberated on various contributions of Gandhiji including his concept of swachhata, decentralization of power, women welfare, racial discrimination *etc.* Mr. Deepak Kumar (PTI) deliberated a very inspiring speech on different facets of Gandhi's life and his 'simple living and high thinking' and his contribution in country's freedom struggle. Prof. Ram Parkash concluded the program by presenting the vote of thanks.



13. NAME OF THE EVENT: Seminar on the theme: Role of Gandhi in Indian National Movement

EVENT DATE: 11-10-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 50

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Political Science, Govt. Degree College Banihal under the aegis of *Azadi Ka Amrit Mohotsav* organized a seminar on the Role of Gandhi Ji in India's National Movement. The speaker Mr. Mukhtar Ahmad Mir, Assistant Professor and HOD Political Science highlighted the role of Gandhi in Indian Freedom Movement and how he transformed the nature of the national movement by its thoughts, workings, and movement. He apprised the audience that when Gandhi Ji assumed the leadership of the Indian National Congress in 1921, he led nationwide campaigns for easing poverty, expanding women's rights, building religious and ethnic amity, ending untouchability, and, above all, achieving swaraj or self-rule. The lecture was followed by a question answer session. The proceedings were carried out by Prof. Aabid Aziz while the vote of thanks was presented by Dr. Muzaffar Ahmed.



14. NAME OF THE EVENT: Special talk on the theme: Gandhiji: A Protagonist of Non-violence

EVENT DATE: 12-10-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 70

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of History, Govt. Degree College Banihal under the aegis of *Azadi Ka Amrit Mohotsav* organized a special talk on the theme: 'Gandhi: A protagonist of Non-Violence'. The speaker Dr Bilal Ahmad Parray, Assistant Professor and HOD History, apprised the students and faculty about Gandhi Ji and how he helped lead India to independence, has been the inspiration for non-violent movements for civil rights and social change across the world. Throughout his life, Gandhi remained committed to his belief in non-violence even under oppressive conditions and in the face of seemingly insurmountable challenges. The lecture was followed by a question answer session. The proceedings were carried out by Prof. Sajad Ahmad Sultan while the vote of thanks was presented by Dr. Muzaffar Ahmed.



15. NAME OF THE EVENT: Lecture on the theme: NEP-2020 and Gandhi

EVENT DATE: 13-10-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 70

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Education, Govt. Degree College Banihal under the aegis of *Azadi Ka Amrit Mohotsav* organized a lecture on the theme NEP 2020 and Gandhi. The Speaker on the occasion was Dr. Mohd. Rafiq Kumar, Lecturer Department of Education. He gave a detailed analysis of National Education Policy and how it integrated with Gandhian system of Education. Dr. Kumar apprised the audience about Gandhi's fundamental viewpoint, which was that vulnerable and marginalized groups should be integrated into mainstream education. NEP represents his views on Lok-Vidya, meaning 'education for everyone'. The concepts of equality and inclusion must be understood in terms of their actual application in society. NEP emphasizes these areas in the form of human values, seva (community service), and multicultural competence. The proceedings were carried out by Prof. Sajad Ahmad Sultan while the vote of thanks was presented by Dr. Muzaffar Ahmed.



16. NAME OF THE EVENT: Celebration of Ekta Diwas

EVENT DATE: 31-10-2021

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Rashtriya Ekta Diwas commemorating the birth anniversary of Sardar Patel who had a major role in the political integration of India was celebrated in Govt. Degree College Banihal. The event was organized under the aegis of *Azadi Ka Amrit Mohotsav*, where all the faculty members and students, under the supervision of Principal, Dr. Manohar Lal took pledge taking ceremony. The pledge ceremony was conducted by Mr. Deepak Kumar (PTI) which read as under;

“I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country”



17. NAME OF THE EVENT: Webinar on the theme: Basics of Capital Market.

EVENT DATE: 23-11-2021

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Economics in collaboration with Central Depository Services Limited (CDSL) and Bombay Stock Exchange (BSE) organized a webinar on Basics of Capital Market. The event was organized under the aegis of *Azadi Ka Amrit Mohotsav*. The chief guest on the occasion was Dr. Manohar Lal, Principal GDC Banihal and the speakers included Mr. Inderjeet Singh, Regional Head CDSL and Mr. Shriram Mehta, Senior Executive BSE IPF whereas the resource person on the occasion was Mr. Sabzar Ahmad, RP-CDSLIPF. The speakers gave a comprehensive analysis of financial markets that bring buyers and sellers together to trade stocks, bonds, currencies, and other financial assets *etc.* E-certificates were provided to the participants. The proceedings were carried by Prof. Aabid Aziz, HOD Economics while the vote of thanks was presented by Prof. Manzoor Ahmad.

GOVT. DEGREE COLLEGE, BANIHAL, J&K
Under the Aegis of Department of Economics
In Collaboration With
CENTRAL DEPOSITORY SERVICES LIMITED (CDSL) &
BOMBAY STOCK EXCHANGE (BSE)
is organizing a webinar on
“BASICS OF CAPITAL MARKET”

PATRON
Prof.(Dr.) Manohar Lal
PRINCIPAL
GDC Banihal

SPEAKER
Mr. Inderjeet Singh
Regional Head CDSL

SPEAKER
Shriram Mehta
Sr.Executive
BSE IPF

RESOURCE PERSON
Mr. Sabzar Ahmad
RP-CDSLIPF

PLATFORM
zoom

CONVENER
Mr. Abid Aziz
Assistant Professor
Department of Economics

DATE : 23-11-2021
TIME: 02.30 PM

PARTICIPANTS WILL BE AWARDED E-CERTIFICATES

18. NAME OF THE EVENT: Celebration of World Wildlife Day.

EVENT DATE: 03-03-2022

VENUE: Government Degree College Banihal (Online)

NO. OF PARTICIPANTS: 50

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Environmental Sciences in collaboration with Debates and Seminar Committee organized a webinar under the aegis of *Azadi ka Amrit Mahotsav* on the eve of World Wildlife Day. At the outset Principal of the college Dr. Manohar Lal welcomed the guest speaker Mr. Sudesh Kumar, Assistant Professor, Maulana Azad Memorial College, Jammu. Dr. Manohar Lal briefed the audience about the history and importance of celebrating World Wildlife Day. The guest speaker, Mr. Sudesh Kumar focused on the necessity of preserving the flora and fauna. He engrossed on an important group of birds – the Raptors and apprised the audience about the critical role, the raptors play in an ecosystem. He further added that, for the restoration of degraded ecosystems the survival of raptors as top predators is essential. The proceedings were carried out jointly by Dr. Muzaffar Ahmed and Mr. Sajad Ahmad Sultan while the vote of thanks was presented by Mr. Deepak Kumar.



19. NAME OF THE EVENT: Seminar on International Women's Day.

EVENT DATE: 08-03-2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 120

EVENT DESCRIPTION AND PHOTOGRAPH:

International Women's Day was celebrated at Govt. Degree College Banihal under the banner of *Azadi ka Amrit Mahotsav*. The event was organized by Debates and Seminar Committee in collaboration with NSS unit and Anti-sexual Harassment Cell of the college. The event kick started with the welcome address by Principal Dr. Manohar Lal, who after welcoming the chief guest Dr. Rabia Khan, BMO, SDH Banihal and Dr. Heena Mir, Gynecologist, SDH Banihal, introduced the theme of the event, 'Break the Bias'. Speaking on the occasion, the chief guest Dr. Rabia Khan elucidated on the different aspects of the theme while calling for ending the bias. The speaker encouraged the students to play their active role in doing away this problem. Dr. Heena Mir, guest of honour on the occasion talked extensively about the socio-economic bias meted out to the women of the country in general and J&K in particular. During the event, the students participated in a debate competition on the theme 'Break the Bias in Higher Educational Institutions'. Fifteen students participated in the event. Later the top three students were felicitated by the college in the competition. The event concluded with a vote of thanks by Prof. Manzoor Ahmed, HOD, Department of English.



20. NAME OF THE EVENT: Seminar on World Health Day.

EVENT DATE: 07-04-2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Sociology in collaboration with department of Physical Education under the aegis of *Azadi ka Amrit Mahotsav* organized World Health Day-2022 on the theme 'Our Planet Our Health'. On the occasion the Principal, Dr. Manohar Lal stressed upon the importance of disease-free life and society. The chief guest in the program was Lt. Col. Davinder Lamba, 12 RR Banihal and the keynote speaker was Major Anubhav Mishra from 12 RR Banihal. The guest speaker deliberated extensively on the significance of the balance diet, yoga, exercise and proper sleep for the maintenance of good health. The program was convened by Mr. Deepak Kumar (PTI) and Prof. Ajay Kumar (HOD Sociology), besides a plantation drive was also carried out in the college campus. The vote of thanks was presented by Dr. Muzaffar Ahmed.



21. NAME OF THE EVENT: Seminar on Ambedkar Jayanti.

EVENT DATE: 13-04-2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 108

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Urdu in collaboration with Department of Political Science under the aegis of *Azadi ka Amrit Mahotsav* organized one day seminar on the occasion of Ambedkar Jayanti. Students of semester 2nd, 4th and 6th of the college participated in the event and delivered their views on Dr. Bhim Rao Ambedkar. The students were felicitated by the Principal of the college, Dr. Manohar Lal at the end of the seminar. On the occasion a special lecture was also delivered by Prof. Mukhtar Ahmad Mir, HOD Political Science who apprised the students about the life and legacy of Dr. Bhim Rao Ambedkar. The proceedings were jointly carried out by Mr. Sajad Ahmad Sultan, Assistant Professor and HOD Department of Urdu and Mr. Deepak Kuamr (PTI) whereas the vote of thanks was presented by Prof. Aabid Aziz (HOD Economics).



22. NAME OF THE EVENT: Week long celebrations on India's Rich Culture & Heritage.

EVENT DATE: 22 – 30 April, 2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 120

EVENT DESCRIPTION AND PHOTOGRAPH:

Under the aegis of *Azadi Ka Amrit Mahotsav*, Govt. Degree College Banihal organized week-long program from 22 – 30 April, 2022 celebrating India's Rich Culture & Heritage. The program was organized by Debates and Seminar committee in collaboration with Department of History. On the first day, the program started with a formal welcome address by Principal Dr. Manohar Lal, followed by his inspiring speech. In the subsequent days, documentaries on India's prominent personalities, prominent buildings, painting competition, essay competition, talk on India's linguistic diversity, patriotic songs sung by students in Kashmiri, Khah, Urdu and Pogli languages and a special lecture on India's rich culture & heritage were held. The proceedings of the program were carried out by Convener Debates & Seminars, Mr. Sajad Ahmad Sultan.



23. NAME OF THE EVENT: Celebration of World No-Tobacco Day.

EVENT DATE: 31-05-2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 108

EVENT DESCRIPTION AND PHOTOGRAPH:

Under the aegis of *Azadi Ka Amrit Mahotsav*, Debates and Seminar Committee and NSS Unit of GDC Banihal in collaboration with SDH Banihal celebrated World No-Tobacco Day on 31-05-2022. The program started with welcome address by the patron of the college Dr Manohar Lal. In his address he cautioned students against the use of tobacco and tobacco-based products. The keynote speaker on the occasion Dr. Showkat Hussain Bhat elucidated on the ill effects of tobacco on health. While deliberating upon the theme of this day “tobacco- threat to our environment” he shared some startling facts about the effect of tobacco on our environment like reckless and uncontrollable felling of trees for tobacco farming and packaging of tobacco products. Dr Rabia Khan, BMO SDH Banihal was also present on the occasion and graced the event as chief guest. The event was moderated by Prof. Sajad Ahmad Sultan and vote of thanks was presented by Mr. Abid Aziz.



24. NAME OF THE EVENT: Celebration of World Environment Day.

EVENT DATE: 05-06-2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 130

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Environmental Sciences in collaboration with NSS Unit and Debates & Seminar Committee, under the aegis of *Azadi ka Amrit Mahotsav* celebrated World Environment Day. At the outset, Dr. Muzaffar Ahmed, HOD, Department of Environmental Sciences introduced the theme of the event and apprised the audience about the need for such awareness programs. Principal of the college Dr. Manohar Lal, who was also chief guest on the occasion briefed the audience about the history and importance of celebrating World Environment Day. He emphasized upon a healthy ecosystem and climate as an essential requirement for meeting the sustainable development goals *viz-a-viz* the need of organizing such programs in future as well in order to create a sense of concern amongst the masses in general and students in particular for protection of environment and mother earth. The event comprised of showcasing of documentaries on 'One Earth' -the theme for this years' celebrations, which was followed by pledge taking ceremony for the protection of environment. The proceedings were carried out jointly by Mr. Sajad Ahmad Sultan and Mr. Deepak Kumar while the vote of thanks was presented by Dr. Muzaffar Ahmed.



25. NAME OF THE EVENT: Celebration of International Day of Yoga.

EVENT DATE: 21-06-2022

VENUE: Banihal Top, Banihal/ GDC Banihal

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Department of Physical Education, NSS and NCC units of GDC Banihal in collaboration with 12-RR Banihal of Indian Army celebrated the 8th International Yoga Day 2022 as a part of *Azadi Ka Amrit Mahotsav*. The college organized a tour to Banihal Top on 20th of June 2022, wherein 50 students participated. In the program, a trainer from the Indian army taught the students various yoga asanas like Bhujangasana, Shirsasana, Vakrasana and meditation practices, breathing exercises like Anuloma Viloma and also explained their benefits for physical, mental and spiritual health. Mr. Deepak Kumar (PTI) of the college delivered a lecture on Ashtanga Yoga, benefits of Asanas and Pranayamas in our daily life. After that Prof. Ram Parkash (HOD Mathematics) explained in detail the utility of meditation. In the end, Prof. Sajad Ahmad Sultan (HOD Urdu) presented the vote of thanks.



26. NAME OF THE EVENT: International Day Against Drug Abuse & Illicit Trafficking.

EVENT DATE: 25-06-2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 110

EVENT DESCRIPTION AND PHOTOGRAPH:

Debates & Seminar Committee and NSS unit of GDC Banihal, under the aegis of *Azadi Ka Amrit Mahotsav* celebrated International Day Against Drug Abuse & Illicit Trafficking in collaboration with SDH Banihal, on 25th of June-2022 at GDC Banihal. On this occasion, an awareness program regarding Drug abuse was organized in the conference hall of the college. A large number of students and faculty members participated in the said program. Dr. Showkat Hussain Bhat (Medical officer, SDH Banihal) was the resource person on this occasion. The expert speaker elucidated on the theme “Share Drug Facts, Save Lives”. In his expert talk, he highlighted upon the menace of drug abuse, especially in our younger generation. He further stressed, that the drug abuse and addiction has resulted in social and psychological abnormalities among the users, which is manifested in growing crimes and deteriorating law and order situations in our society. The program was followed by question answer session and concluded with pledge taking ceremony by all the participants.



27. NAME OF THE EVENT: Digital Week Celebrations.

EVENT DATE: 25 – 31st July, 2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Debates and Seminar Committee of GDC Banihal under aegis of *Azadi ka Amrit Mahotsav* inaugurated the Digital Week Celebrations, *w.e.f.* 25 – 31st July, 2022. In the inaugural address, the Principal of the college, Dr. Manohar Lal briefed the audience about the multiple digital initiatives of the GOI that helped in bringing about greater transparency in governance and ease of life of citizens. He impressed upon the student community to make full use of digital technology for achieving brighter academic excellence. The celebrations comprised of series of week-long events. Dr. Muzaffar Ahmed and Prof. Sajad Sultan provided hands on training on the access and use of e-journals. Quiz and painting competition were held among the students of different semesters. Selfie session with students remained one of the components of the week-long schedule. Mr. Deepak Kumar (PTI) gave a lecture on PM Kisaan Yojana, e-transactions and impressed upon the student community to keep themselves abreast about the day-to-day technological advancements. On the valedictory session on 30th July, a special lecture-cum-hands-on training on PMSSS and NSP portal was provided to the students by Prof. Ram Parkash.



28. NAME OF THE EVENT: Har Ghar Tiranga Campaign.

EVENT DATE: 01 – 14 August, 2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 100

EVENT DESCRIPTION AND PHOTOGRAPH:

Under the *Azadi ka Amrit Mahotsav*, Govt. Degree College Banihal with the help of NSS unit conducted Har Ghar Tiranga Campaign from 1st to 14th August 2022. Prof. Bashir Ahmed, Program Officer NSS and Dr. Muzaffar Ahmed conducted special session with the NSS volunteers of the college and motivated them to volunteer for the Har Ghar Tiranga Campaign. The volunteers motivated their families and others surrounding their areas of residence regarding Har Ghar Tiranga and to hoist Tiranga atop their houses. NSS unit of GDC Banihal distributed National flags among 47 families in and around Bankoot area of Banihal, Ramban. The volunteers made people aware about the flag code and the rules for hoisting the National Flag in a proper way. A special meeting was also held with the parents of the students regarding hoisting of National Flag on the houses.

(Note: Video of Har Ghar Tirang campaign by GDC Banihal will be shared separately)



29. NAME OF THE EVENT: Independence Day Celebrations.

EVENT DATE: 15 August, 2022

VENUE: Government Degree College Banihal

NO. OF PARTICIPANTS: 60

EVENT DESCRIPTION AND PHOTOGRAPH:

On the eve of 76th Independence Day, when whole of India was celebrating its 75th year of Independence, Govt. Degree College Banihal also joined the whole country in celebrating this *Azadi ka Amrit Mahotsav* by conducting Flag hoisting ceremony and cultural festivities within the premises of the college campus. The National Flag was hoisted by the Principal, of the college, Dr. Manohar Lal in presence of the teaching and non-teaching staff as well as students. The flag hoisting ceremony was followed by cultural activities wherein students of different semesters of the college participated. On the occasion patriotic songs, speeches and dance performances were made by the students, In the end, the meritorious students of the college were felicitated by the Principal by giving them medals in different categories.




Principal
Govt. Degree College
Banihal (J&K)

Principal
Dr. Manohar Lal